



Venue: Double Tree by Hilton Hotels, Cape Town: Friday 14 and Saturday 15 August 2026

(Thyroid and Parathyroid Ultrasound Workshop 13 August 2026 – visit website for more information)

| Friday 14 August 2026                          |                                                                                                                                                     |                     |
|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| 08h00-09h00                                    | Registration – Tea and Coffee, Meeting the Sponsors                                                                                                 |                     |
| 09h00-09h15                                    | Welcome and Opening of the Meeting – Ilna Conradie                                                                                                  |                     |
| 1 - THYROID                                    |                                                                                                                                                     |                     |
| Moderators: Ifongo Bombil and Lydia Cairncross |                                                                                                                                                     |                     |
| 09h15-09h35                                    | Differentiated thyroid cancer (DTC) in 2026                                                                                                         | Fatima Hoosain      |
| 09h35-09h55                                    | RAI refractory thyroid cancer                                                                                                                       | Etienne Myburgh     |
| 09h55-10h15                                    | Differentiated thyroid cancer with a focus on targeted therapy                                                                                      | Andre Vos           |
| 10h15-10h35                                    | Thyroid cancer and central neck dissection: how to reduce hypoparathyroidism                                                                        | Lydia Cairncross    |
| 10h35-11h15                                    | TEA BREAK WITH SPONSORS                                                                                                                             |                     |
| 2 - THYROID                                    |                                                                                                                                                     |                     |
| Moderators: Ilna Conradie and Ahmed Salojee    |                                                                                                                                                     |                     |
| 11h15-11h45                                    | Clinician performed ultrasound for Endocrine Surgeons                                                                                               | Merry Sebelik       |
| 11h45-12h05                                    | Beyond Vocal Fold Paralysis: Understanding Voice Changes in Thyroid Surgery                                                                         | Ashley Gaskin       |
| 12h05-12h25                                    | Vocal Cord Paralysis in Thyroid Surgery                                                                                                             | Johan Fagan         |
| 12h25-13h00                                    | Minimally invasive ablation techniques in thyroid disease                                                                                           | Merry Sebelik       |
| 13h00-14h00                                    | LUNCH BREAK WITH SPONSORS                                                                                                                           |                     |
| 3 - PARATHYROID                                |                                                                                                                                                     |                     |
| Moderators: Langa Nqwena and Fatima Hoosain    |                                                                                                                                                     |                     |
| 14h00-14h20                                    | Renal hyperparathyroidism: Aligning nephrology and the approach to surgery                                                                          | Elmin Steyn         |
| 14h20-14h40                                    | Post parathyroidectomy hypocalcemia prevention: preparation, technique, and postoperative care                                                      | Shenaaz Ismail      |
| 14h40-15h00                                    | Re-do parathyroid exploration - a journey between hope and despair                                                                                  | Eugenio Panieri     |
| 15h00-15h20                                    | When Conventional Imaging Fails: F-18 Fluorocholine PET/CT for Parathyroid Localization                                                             | Celeste Burger      |
| 15h00-15h30                                    | TEA BREAK WITH SPONSORS                                                                                                                             |                     |
| 4 - RESEARCH SESSION                           |                                                                                                                                                     |                     |
| Moderators: Eugenio Panieri                    |                                                                                                                                                     |                     |
| 15h30-15h40                                    | Spectrum and trends of thyroid surgery at a regional referral hospital in KwaZulu-Natal, South Africa: a four-year retrospective review (2023-2026) | Prashti Harichunder |
| 15h40-15h50                                    | Optimising post-parathyroidectomy monitoring in resource-limited settings: Predictors of hypocalcaemia from a South African referral hospital       | Richard Strydom     |

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|------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| 15h50-16h00                                    | The promise of the patients operated for thyroglossal duct cysts at three tertiary hospitals in Johannesburg                                                        | Nosisa Sishuba           |
| 16h00-16h10                                    | Evaluating the yield of genetic testing in Endocrine Surgery:<br>Insights from a tertiary hospital in South Africa                                                  | Krystle Sanderson        |
| 16h10-16h20                                    | The American College of Radiology Thyroid Imaging Reporting and Data System (ACR-TIRADS) Score as a proxy of training and proficiency in evaluating thyroid nodules | Hlengiwe Khumalo-Gilbert |
| 16h20-16h30                                    | 6 SRS Prize Winner: The biochemical outcomes of patients post-parathyroidectomy at Charlotte Maxeke Johannesburg Academic Hospital                                  | Varsha Lukose            |
| 16h30-16h40                                    | Thyroid carcinoma: A retrospective audit of 225 cases at a private unit in Cape Town                                                                                | Elre Gerber              |
| 16h40-16h50                                    | The use of 4D CT scan at Tygerberg Hospital                                                                                                                         | Adwoa Addai              |
| <b>5 – INTERESTING CASES SESSION</b>           |                                                                                                                                                                     |                          |
| 16h50-17h00                                    | Beyond Cushings and Conns: A rare case of a Pure Androgen Secreting Adrenal Tumour (PASAT)                                                                          | Krevosha Pillay          |
| 17h00-17h10                                    | Imaging features and management of advanced parathyroid carcinoma                                                                                                   | Etienne Myburgh          |
| 17h10-17h20                                    | Four cases of unusual anatomy – variations in thyroid and parathyroid surgery                                                                                       | Ifongo Bombil            |
| 17h20-17h30                                    | The silent traveller, a tale of metastatic medullary thyroid cancer                                                                                                 | Shenaaz Ismail           |
| <b>18h30 for 19h00 ***** ESSA DINNER *****</b> |                                                                                                                                                                     |                          |



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|-----------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------|
| Saturday 15 August 2026                       |                                                                                |                                     |
| 08h00-09h00                                   | Annual General Meeting (all members welcome to attend)                         |                                     |
| 09h00-09h30                                   | TEA BREAK WITH SPONSORS                                                        |                                     |
| 6 - ADRENAL                                   |                                                                                |                                     |
| Moderators: Fatima Hoosain and Shenaaz Ismail |                                                                                |                                     |
| 09h30-09h50                                   | A Functional Imaging Map for Endocrine Surgeons                                | Akinwale Ayeni                      |
| 09h50-10h10                                   | Adrenal Incidentaloma: Operate, Observe, or Discharge                          | Sarah Versveld                      |
| 10h10-10h30                                   | Cushing's syndrome: peri-op steroid strategy and postop management             | Ankia Coetzee                       |
| 10h30-10h50                                   | Adrenal metastases - when to watch and when to cut?                            | Jennifer Downs                      |
| 10h50-11h10                                   | TEA BREAK WITH SPONSORS                                                        |                                     |
| 7 – VIDEO SESSION - HOW TO DO IT              |                                                                                |                                     |
| Moderators: Eugenio Panieri and Ahmed Salojee |                                                                                |                                     |
| 11h10-11h25                                   | Laparotomy for Giant Paraganglioma                                             | Ifongo Bombil                       |
| 11h25-11h40                                   | Surgical steps in retroperitoneoscopic adrenalectomy                           | Zandri Pienaar                      |
| 11h40-11h55                                   | Continuous Awareness Without Continuous Monitoring: A Practical IONM Technique | Johanna Kanjumbwa and Hennie Marais |
| 11h55-12h10                                   | Thoracoscopic thymectomy                                                       | Lebone Mohlala                      |
| 12h10-12h25                                   | Laparoscopic left adrenalectomy in a 17 year old                               | Naledi Chabanku                     |
| 12h25                                         | Closing remarks and prize for MEDRISK best abstract presentation               | Eugenio Panieri                     |
| 12h25-13h00                                   | CLOSING LUNCH BREAK WITH SPONSORS                                              |                                     |